# MAKE THE MOVE



# Tackling the backlog for Women's Services – The outpatient solution!

The positive impact of moving minimally invasive surgical treatment for AUB and HMB to the outpatient department.

## The scale of the condition:

of all gynaecology referrals are for Menstrual Disorders<sup>1</sup>

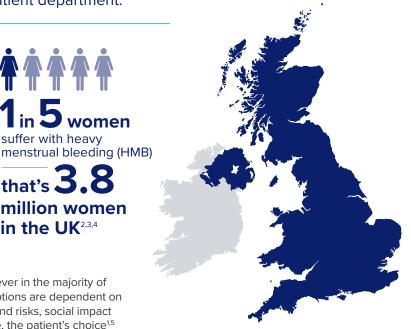
30,000 surgical treatments

are performed annually in the UK for abnormal uterine bleeding (AUB)<sup>2</sup>



1 in 5 women suffer with heavy

that's 3.8 million women in the UK<sup>2,3,4</sup>



## What causes AUB/HMB?

There are many known causes of HMB in women, however in the majority of cases no cause is identified. Individualised treatment options are dependent on their ongoing fertility requirements, treatment efficacy and risks, social impact associated with post-procedure recovery and, of course, the patient's choice<sup>1,5</sup>

# What are the surgical treatment options?1

#### 1st line surgical treatments

**Endometrial** Ablation (NovaSure®)

**Hysteroscopic Tissue** Removal (MyoSure®)

#### Minimally invasive surgery:

NovaSure:

average treatment time - 90 seconds<sup>6</sup>

MvoSure:

average treatment time - 2-5 mins<sup>7</sup>

Can be performed in outpatients Post procedure recovery: Majority immediate discharge. Up to 1 hour (if required) NO OVERNIGHT STAY8

#### 2nd line surgical treatment:

Hysterectomy

#### **Major surgery:**

Average treatment time - 60-90 mins Post procedure recovery - 1-4 days9

**OVERNIGHT STAY** 

# Offering NovaSure & MyoSure in OUTPATIENTS will:



Save £1,000+ per procedure cost\*



**Enable reallocation** of theatre sessions



Reduce waiting lists



Improve patient experience, less time in hospital, faster recovery, less risks





## **CLICK TO WATCH CASE STUDY**

on how East Suffolk and North Essex NHS Foundation Trust have benefited from developing their outpatient gynae services



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# Offering a SEE & TREAT Outpatient Pathway: 3 appointments into 1

# **Current pathway**



# **Proposed pathway**



#### **OUTPATIENT**

First attendance, scan,
Diagnostic +/- Operative Hysteroscopy
(SEE and TREAT - ONE STOP)

#### What are the benefits of See and Treat?



Increase clinic capacity to reduce backlog/waiting lists



Reduce overall treatment cost\*



Improve patient care and experience - less time in hospital, faster diagnosis, faster recovery, less risks

# What do the NICE guidelines recommend?1

'Women with suspected submucosal fibroids, polyps or endometrial pathology' is published in Chapter 1.3, Page 6

- Offer outpatient hysteroscopy to women with HMB if their history suggests submucosal fibroids, polyps or endometrial pathology
- Ensure that hysteroscopy services are organised to enable progression to 'see-and-treat' hysteroscopy in a single setting if feasible

# HOLOGIC are market leaders, offering a range of products to support Outpatient Hysteroscopy Service Development



**Contact us at ukgynsurgical@hologic.com** to request business case tools, cost models and example protocols to support your service development

#### References:

1. National Institute for Health and Care Excellence [Internet]. Guideline on Heavy menstrual bleeding: assessment and management (NG88) 2018. Available at: https://www.nice.org.uk/ guidance/ng88/resources/heavy-menstrual-bleeding-assessment-and-management-pdf-1837701412549 [nice.org.uk] Last accessed 1st June 2021. 2. Royal College of Obstericinas & Gynaecologists [Internet]. National Heavy Menstrual Bleeding Audit, July 2014. Available at: https://www.rcog.org.uk/en/guidelines-research-services/audit-quality-improvement/completed-projects/national-hmb-audit/ [roog.org.uk] Last accessed 1st June 2021. 3. National Health Service [Internet]. Periods and fertility in the menstrual cycle (2019). Available at: https://www.nhs.uk/conditions/periods/fertility-in-the-menstrual-cycle/ [nhs.uk] Last accessed 1st June 2021. 4. Office for National Statistics [Internet]. Estimates of the population for the UK, England and Wales, Scotland and Northern Ireland, Mid-2016 datasets. Available at: https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationestimates/datasets/ populationestimates/orukenglandandwalesscotlandandorthernireland [ons.gov.uk] Last accessed Feb 2021. 5. Patient [Internet] Heavy Periods. Available at: https://patient.info/womens-health/periods-and-period-problems/heavy-periods-menorrhagia Last accessed 8th June 2021. 6. Cooper J, Gimpelson R, Laberge P, et al. A randomized, multicenter trial of safety and efficacy of the Novasure System in the treatment of menorrhagia. J Am Assoc Gynecol Laparosc. 2002; 9(4):418-28. 7. Rubino RJ, Lukes AS. Twelve-month outcomes for patients undergoing hysteroscopic morcellation of uterine polyps and myomas in an office or ambulatory surgical center. J Minim Invasive Gynecol. 2015; 22(2):285-90. 8. Ajmi A, Das S. Outpatient endometrial ablation: audit of outcomes and patient satisfaction. J Obstet Gynaecol. 2000; 40(8): 1145-1147. 9. National Health Service [Internet] Recovery – Hysterectomy/recovery/ Last accessed 8th June 2021.

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